

ALTERNATIVE TREATMENT

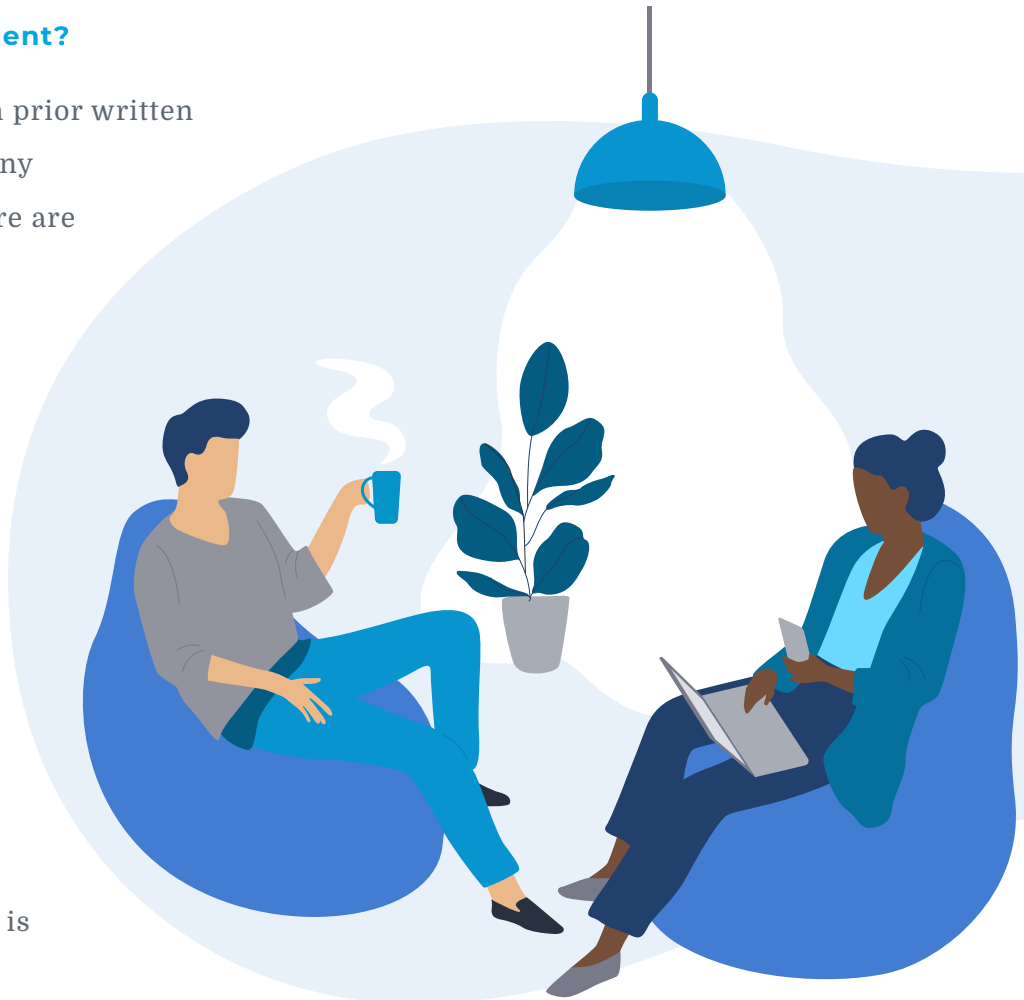
GIVING OUR MEMBERS THE FREEDOM TO CHOOSE TREATMENT METHODS THAT WORK FOR THEM.

At Zion Health, we want to give our members the freedom to get the care they need. But we also want to make sure that we share our members' contributions for treatments that have been tested and proven to be safe and effective.

Considering Alternative Treatment?

Zion Health requires you to obtain prior written approval before we will share in any alternative medical treatment. Here are some of the basic requirements:

- The treatment must be provided by a licensed care provider.
- The treatment must be “medically necessary,” which generally means that it was recommended by a doctor or licensed care professional.
- The treatment must have sufficient research to show it is safe and effective.



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Once you have determined whether or not your alternative treatment fits these criteria, you should submit an alternative need request. The need request submission form will ask you for the following information:

- Explanation of why the alternative medical need was selected.
- Explanation of why the alternative medical need should be shared.
- Doctor notes on current condition (Zion Health can help obtain doctor notes).
- Estimated costs (Zion Health can help obtain the estimated costs, if appropriate).

After you submit the request, Zion Health will evaluate your need for sharing. Determinations are made on a case-by-case basis since the medical conditions and the treatments can be so varied and usually do not fall within a specific Member Guideline.



**ZION HEALTH IS ALWAYS
INVESTIGATING SAFE, LOW-
COST TREATMENT OPTIONS FOR
OUR MEMBERS, AND WE ARE
PROUD TO OFFER ALTERNATIVE
TREATMENT SHARING.**